

Week 3	30-Jan Monday	31-Jan Tuesday	01-Feb Wednesday	02-Feb Thursday	03-Feb Friday
Main	Prawn Ceaser salad w/ garlic bread	chicken and vegetable pesto penne pasta		Chicken skewers with rice and greek salad	Beef Dips w/ Aujus and Side salad
Sandwich	Sandwich of the day	Sandwich of the day		Sandwich of the day	Sandwich of the day
Salad/side	Mixed greens salad w/Maple dill dressing	Bison/beef and barley soup		Veggie plate w/ hummus	Chicken Noodle soup